

*San Diego*

# Low Income Resources

## CONTINUING CARE SERVICES

**Community Services**

***This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.***

2-1-1 San Diego ……..211 or 800-227-0997
*(San Diego resource and information hub)*

**FINANCIAL RESOURCES**

Health Consumer Alliance ……888-804-3536
*www.healthconsumer.org*
Legal Aid Society of San Diego …….. 877-534-2524
Consumer Center for Health Education and Advocacy …… 877-734-3258
*www.lassd.org*
Public Assistance:
*(MediCal/Healthy Families/CalFresh/CalWORKS Medicare-Part B)*
CalFresh/SNAP Supplemental Nutrition Assistance Program …..877-847-3663
*https://cdss.ca.gov/inforesources/calfresh*
California Department of Health Care Services (ombudsman) ... 888-452-8609
*www.dhcs.ca.gov/pages/default.aspx*
ACCESS County of San Diego Customer Service Center…….. 866-262-9881
*www.sandiegocounty.gov/content/sdc/hhsa/contact_us.html*
SDG&E Assistance Programs …….. 800-411-7343
*www.sdge.com/savings-center*
Social Security …….. 800-772-1213
*www.ssa.gov*
State Disability Insurance…….. 800-480-3287
*www.edd.ca.gov/Disability*
Telephone Access Programs:
California LifeLine Program ……866-272-0349
*www.californialifeline.com*
California Telephone Access Program (deaf/disabled program) .800-806-1191
1455 Frazee Road, Suite 406, San Diego, CA 92108
(M-F 8:00 - 5:00 p.m., no appointment necessary)
*https://caconnect.org*

The Organizer II, Inc. (Medicare/Medi-Cal Rep. Payee)……..….800-990-8339
(M – Th 9:00am – 1:00pm)

Veterans Resources:

CA Department of Veterans Affairs……800-952-5626
*www.calvet.ca.gov*

Department of Veterans Affairs Telephone Assistance Services..800-827-1000
*www.va.gov*

Interfaith Community Services (Veterans Service Center) ……760-529-9979
1617 Mission Ave, Oceanside, 92058
*www.interfaithservices.org*

San Diego County Veterans Services……858-694-3222
*www.sandiegocounty.gov/veterans_services*

VeteranAid.org …… 866-584-7191
Find forms and information on how to apply
*www.veteranaid.org*

Veterans Village of San Diego (transitional housing available) ... 619-393-2000
4141 Pacific Highway, San Diego, CA 92110
*www.vvsd.net*

Victim Witness Assistance Program (district attorney office) …….. 619-531-4041

**FOOD & COMMODITIES**

Catholic Charities ……... 619-323-2841

Food Bank (USDA commodities) ……866-350-3663
*www.sandiegofoodbank.org*

Salvation Army (* Club 60 senior dining and social centers)

Chula Vista * …….. 619-498-0298

El Cajon * ..…… 619-592-8292

Oceanside *…….…… 760-631-8212

San Diego Centre City (downtown, serves homeless) ……..619-699-2216

Doors of Hope (formerly SD Citadel) *…… 858-483-1831
*Club 60 - San Diego Regional Office*

Lakeside Community Center …… 619-443-9176

**HEALTH CARE & DENTAL**

County Medical Services…….. 800-587-8118

Family Health Centers of San Diego ……..619-515-2300
*http://www.fhcsd.org/dental-services*

FreeDentalCare
*http://www.freedentalcare.us/ci/ca-san_diego*

Health Center Partners of Southern California (low income clinics).. 619-542-4300
*https://hcpsocal.org/*

UC Pre-Dental Society
*https://ucsdpds.org/low-income-clinics-in-san-diego*

**HOUSING RESOURCES**

2-1-1 San Diego ……...211 or 800-227-0997
For the most current shelter and rehab availability and info
*https://211sandiego.org*

Alpha Project …… 619-542-1877
*www.alphaproject.org*

Catholic Charities…….. 619-323-2841
*https://www.ccdsd.org*

**HOUSING RESOURCES continued**

County of San Diego Housing Resource Directory (2026)……..858-694-4801
*www.sandiegocounty.gov/content/sdc/sdhcd/housing-directory.html*
Father Joe's Villages
St. Vincent de Paul Village (Travelers Aid) ……ext.1157..... 619-233-8500
*https://my.neighbor.org/housing*
Homeless Outreach Team …….. 211
Homeless Shelter Directory
*www.homelessshelterdirectory.org*
Interfaith Shelter Network ……. 619-702-5399
*http://interfaithshelter.org*
MAAC Project ……. 619-426-3595
*https://www.maacproject.org/main/about-us/pathways-of-service/housing/*
Neil Good Day Center, 299 17th St., San Diego 92101 ……. 619-230-7390
Single men/women point of entry to other shelters, mail service, safe day environment
PATH* (People Assisting the Homeless) ……..……. 619-810-8600
Street outreach and intake for Connections Housing
*www.epath.org*

<u>Placement Assistance Agencies</u>
Always Best Care……..... 858-299-6900
*www.alwaysbestcare.com/ca/san-diego*

Care Placement…….…….. 800-821-7598
*www.careplacement.com*

Senior Care Referral Specialists ……. 800-587-4410
*https://srcareinfo.com*

Safe Parking Program (help when living out of a car) ……619-497-0236
*www.dreamsforchange.org*

Salvation Army Family Services ..…….. 619-699-2216

San Diego Housing Commission (City of San Diego)……..619-231-9400
Affordable housing resource guide including single room occupancy list
*Affordable Housing Resource Guide*

San Diego Rescue Mission…..…….. 619-687-3720
*www.sdrescue.org*

Serving Seniors (transitional housing) …….. 619-235-6572
*www.servingseniors.org*

South Bay Community Services (24-hr hotline) …….. 800-640-2933

*For corrections to this handout, please call (858) 614-0533*